



July 2019

# The Serenity Times

The monthly newsletter of the Darwin District

## 12<sup>th</sup> Step Opportunities

### 24-hour AA Phone Line

To do a shift on the District's 24-hour AA Phone Line, contact the DDO.

### 12<sup>th</sup> Step Call Roster

To be placed on the District's 12<sup>th</sup> Step Call Roster, contact the DDO.

### Rehab and Prison Rosters

AA information sessions are held at the Stringybark Centre rehab at 6:30pm every second Wednesday, Banyan House rehab at 7:00pm every second Tuesday and at Darwin Correctional Centre on the last Saturday of the month. To join any of these 12<sup>th</sup> Step rosters, contact the DDO.

## Service Opportunities

### Darwin District Office

To do a 3-hour shift at the DDO, contact the DDO.

### Darwin District Committee

Members interested in any of the following 2-year service positions on the Darwin District Committee can contact the DDO: Secretary, Public Information Coordinator, Editor of *The Serenity Times* and Roundup Coordinator.

### Deadline for the next issue

Please send your AA articles and news for the August issue to the Editor by email to [aa.darwin@bigpond.com](mailto:aa.darwin@bigpond.com) by 21 July.

### DDO bank balance

At 1 June 2019: \$6225.06  
Prudent Reserve: \$2200

The words "Alcoholics Anonymous" are the registered trade mark of the General Service Board of Alcoholics Anonymous Australia

## P.I. Update

There is no update for June 2019.

## T&CF News

The 12<sup>th</sup> Step roster at Darwin Correctional Centre remains on hold.

## AA CALENDAR

### 28 June 2019 at 4:00pm

Deadline for receipt of topics by GSO

### 26-28 July 2019

Bill W Camp, Douglas Daly Tourist Park

### 2-4 August 2019

Darwin Unity Weekend

### 25 August 2019

Area A Assembly, DDO, 9:00am

### 4 September 2019

District quarterly meeting, 7:00pm

### October 2019

Area A Topics Assembly, date TBA

### 2-5 July 2020

International AA Convention, Detroit

## AA speakers any time

Check out the international AA speakers at [xa-speakers.org](http://xa-speakers.org), [recoveryaudio.org](http://recoveryaudio.org), [recoveryspeakers.com](http://recoveryspeakers.com) & YouTube.com.



**I should go to the Bill W Camp**



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## Step One experience

*We admitted we were powerless over alcohol - that our lives had become unmanageable - Step One*

*These men were not drinking to escape; they were drinking to overcome a craving beyond their mental control - The Doctor's Opinion, p xxix*

*Step over to the nearest barroom and try some controlled drinking - More About Alcoholism, p 31*

The Twelve Steps proceed in a particular order, each Step proceeding from and building on the previous Step. So to get to faith (Step Two), we must first complete Step One. What does it mean for an alcoholic to complete Step One? It means that we have had a Step One experience, which is the shocking and devastating realisation that on our own power we will never be able to stop drinking, that we are powerless over alcohol.

The authors of the Big Book suggest that if we are unsure whether we are powerless over alcohol, that we try some controlled drinking. I spent my first 8 months in AA conducting a controlled drinking experiment on myself. It was probably the best thing I could have done because it brought me to an understanding of my powerlessness over alcohol (Step One).

It is vital that newcomers to AA are convinced of their powerlessness over alcohol. Why? For two reasons: (1) they may not be alcoholic, and (2) until alcoholics comprehend their predicament, they will see no reason to seek God's help.

### Darwin District

The Darwin District serves the AA Groups in the Darwin District

### Contact us

Nightcliff Community  
Centre, 5/18 Bauhinia St  
Nightcliff NT 0810  
PO Box 40760  
Casuarina NT 0801

### Telephone

(08) 8948 5202

### Email

[aa.darwin@bigpond.com](mailto:aa.darwin@bigpond.com)

### Website

[aadarwin.org.au](http://aadarwin.org.au)

### Office hours

11-2 Monday to Saturday

### Your Committee

Mick G (District Committee Member)  
Pat M (Treasurer)  
Sam H (Office Coordinator)  
Vacant (Secretary)  
John S (Registrar)  
Emily F (Literature Officer)  
Ollie O (Webmaster)  
Mike B (Office Maintenance Officer)  
Marg M (Treatment & Correctional Facilities Coordinator)  
Vacant (Public Information Coordinator)  
Vacant (Editor)  
Vacant (Roundup Coordinator)

### Next District meeting

The Darwin District meets on the first Wednesday of March, June, September and December at 7:00pm

### Mailing list

To receive *The Serenity Times*, contact the DDO

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