



October 2019

The Serenity Times

The monthly newsletter of the Darwin District

12th Step Opportunities

24-hour AA Phone Line

To do a shift on the District's 24-hour AA Phone Line, contact the DDO.

12th Step Call Roster

To be placed on the District's 12th Step Call Roster, contact the DDO.

12th Step rosters

AA information sessions are held at the Stringybark Centre rehab at 6:30pm every second Wednesday and at Banyan House rehab at 7:00pm every second Tuesday. To join a District 12th Step roster, contact the DDO.

Service Opportunities

Darwin District Office

To do a 3-hour shift at the DDO, contact the DDO.

Darwin District Committee

Members interested in any of the following service positions on the Darwin District Committee can contact the DDO: Literature Officer, Public Information Coordinator, Treatment and Correctional Facilities Coordinator, Roundup Coordinator and Editor of *The Serenity Times*.

Deadline for the next issue

Please send your AA articles and news for the November 2019 issue to the Editor by email to aa.darwin@bigpond.com by 20 October 2019.

DDO bank balance

At 4 September 2019: \$6168.59
Prudent Reserve: \$2200

The words "Alcoholics Anonymous" are the registered trade mark of the General Service Board of Alcoholics Anonymous Australia

P.I. Update

There is no update for August 2019.

T&CF News

There is no news for August 2019.

AA CALENDAR

18-20 October 2019

Sydney Roundup, sydneyroundup.org

27 October 2019

Area A Topics Assembly, DDO, 9:00am

Book of the month

Emotional Sobriety: The Next Frontier.
The stories in this volume are selected from *AA Grapevine* and show us that when people in recovery have a willingness to work the program to find solutions rather than stay stuck in their problems, they can let go of fear, put aside selfish demands, practise outgoing love and become more connected to their Higher Power, family and fellows.

Emily F, Literature Officer

New District Secretary

On 4 September 2019, Susan C was elected District Secretary.



I should go to the Topics Assembly



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Spiritual rebirth

We were reborn - How It Works, p 63

I always thought that I would experience freedom when I received amends for the wrongs done to me. I have found instead that freedom has come from making amends for my own wrongs.

If we have made a searching and fearless moral inventory of ourselves and shared it with God and another human being, then by the time we are halfway through our amends, we will be reborn. What does it mean for an alcoholic to be reborn? It means that we have been remade by God.

I worked a 12-Step program with an AA sponsor for years but I didn't have a spiritual awakening. My sponsor suggested more AA service and more 12th Step work, but no conscious contact came. I found someone in AA who had had a spiritual awakening through the Big Book. She showed me a way of doing moral inventory that was more thorough than I was used to and this time I experienced enough humility to have a spiritual awakening.

By the time I was halfway through my new amends, I felt for the first time in my life completely untouched by all past trauma, mistreatment, hardship and sadness. I knew that those experiences formed part of my life story, yet now I felt unscathed by them.

God hadn't restored me; He had remade me.

LP

Darwin District

The Darwin District serves the AA Groups in the Darwin District

Contact us

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PO Box 40760
Casuarina NT 0801

Telephone

(08) 8948 5202

Email

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Website

aadarwin.org.au

Office hours

11-2 Monday to Saturday

Your Committee

Mick G (District Committee Member)
Pat M (Treasurer)
Susan C (Secretary)
Sam H (Office Coordinator)
John S (Registrar)
Emily F (Literature Officer)
Ollie O (Webmaster)
Mike B (Office Maintenance Officer)
Vacant (Public Information Coordinator)
Vacant (Treatment & Correctional Facilities Coordinator)
Vacant (Roundup Coordinator)
Vacant (Editor)

Next District meeting

The Darwin District meets on the first Wednesday of March, June, September and December at 7:00pm

Mailing list

To receive *The Serenity Times*, contact the DDO